

We are grateful you are here and welcome you in the name of Christ.  
Our Pastoral Care Ministry is one of compassionate presence and we strive to imitate Jesus' caring stance toward all people, especially those who are sick or in need.  
We are ready to offer you support through prayer, encouragement, solace and the Sacraments.  
Our Associates are happy to assist persons of other faith traditions.  
Please feel free to reach out and we will do our best to meet your spiritual needs.

We offer a variety of opportunities for support including:

Mass  
Sunday - Friday at 11:00 a.m.  
A Blessed Sacrament Chapel  
Individual & Group Prayer  
Morning Prayer  
Group Rosary  
Prayer Blankets  
Prayer Books  
Monthly Bulletin  
Anointing of the Sick  
Reconciliation  
Mass Intentions

**Founded by the Sisters of Charity of Nazareth, Nazareth Home is an award-winning, nonprofit long-term care and recovery community. We are a recognized leader in delivering person-centered health and wellness services for aging adults. Through individualized care, innovative technologies, and meaningful connections, elders are empowered to explore the joy of living.**

**Each day, our focus is on creating a healthy and positive aging experience that meets each person's individual needs, preferences, and abilities. Empowered through personal choices, elders discover a new life at Nazareth Home, where they can explore their favorite things and find new ones through social activities, performances, exercise groups, spiritual programs, and more.**

**Open to people of all faiths, Nazareth Home is a welcoming and compassionate community with an unmatched reputation for excellent outcomes.**

## Our Lady of Nazareth Chapel

### Mass at 11:00 a.m.

### Sunday – Friday

### & on Channel 33-1



The month of September is dedicated to the Seven Sorrows of Mary.  
In 1815 Pope Pius VII approved a series of prayers in honor of the Seven Sorrows.

O God, come to my assistance; O Lord, make haste to help me. Glory be to the Father, the Son, and the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

1. I grieve for you, O Mary, most sorrowful, in the affliction of your tender heart at the prophecy of the holy and aged Simeon. Dear Mother, by your heart so afflicted, obtain for me the virtue of humility and the gift of the holy fear of God. *Hail Mary...*
2. I grieve for you, O Mary most sorrowful, in the anguish of your most affectionate heart during the flight into Egypt and your sojourn there. Dear Mother, by your heart so troubled, obtain for me the virtue of generosity, especially toward the poor, and the gift of piety. *Hail Mary...*
3. I grieve for you, O Mary most sorrowful, in those anxieties which tried your troubled heart at the loss of your dear Jesus. Dear Mother, by your heart so full of anguish, obtain for me the virtue of chastity and the gift of knowledge. *Hail Mary...*
4. I grieve for you, O Mary most sorrowful, in the consternation of your heart at meeting Jesus as He carried His Cross. Dear Mother, by your heart so troubled, obtain for me the virtue of patience and the gift of fortitude. *Hail Mary...*
5. I grieve for you, O Mary most sorrowful, in the martyrdom which your generous heart endured in standing near Jesus in His agony. Dear Mother, by your afflicted heart, obtain for me the virtue of temperance and the gift of counsel. *Hail Mary...*
6. I grieve for you, O Mary most sorrowful, in the wounding of your compassionate heart, when the side of Jesus was struck by the lance before His Body was removed from the Cross. Dear Mother, by your heart thus transfixed, obtain for me the virtue of fraternal charity and the gift of understanding. *Hail Mary...*
7. I grieve for you, O Mary most sorrowful, for the pangs that wrenched your most loving heart at the burial of Jesus. Dear Mother, by your heart sunk in the bitterness of desolation, obtain for me the virtue of diligence and the gift of wisdom. *Hail Mary...*

Let Us Pray:

Let intercession be made for us, we beseech You, O Lord Jesus Christ, now and at the hour of our death, before the throne of Your mercy, by the Blessed Virgin Mary, Your Mother, whose most holy soul was pierced by a sword of sorrow in the hour of Your bitter Passion. Through You, O Jesus Christ, Savior of the world, Who with the Father and the Holy Spirit lives and reigns world without end.

Amen.

### Mass Intentions

**Tuesday, September 1**  
Elders, Staff & Volunteers celebrating a birthday this month

**Sunday, September 6**  
John Williams †

**Sunday, September 13**  
Roger Williams †

**Wednesday, September 16**  
Paul Passafiume †

**Sunday, September 20**  
Jo Weikert †

**Monday, September 28**  
Richard Underwood †

*The Holy Mass is the most powerful form of prayer. Offering a Mass intention is a beautiful gift, placing your loved one on the Holy Altar of God with the intercession of all the Angels & Saints.*

## THE PILLAR CANDLES

shine brightly during the  
month of **September** for

*Our Blessed  
Mother*



## *Light a Candle for your special intention*

Lighting a candle for a loved one or  
a personal intention we hold within  
our heart is a longstanding tradition  
in the Catholic Church.  
We invite you to join us in this  
faithful tradition by lighting a  
candle in Our Lady of  
Nazareth Chapel.

### Marian Feast Days During the 30 Days of Mary

August 15- The Assumption of  
Mary  
August 22- The Queenship of Mary  
August 27- Our Lady of Joys  
September 8- The Nativity of  
Mary (Mary's birthday! 9 months  
after the feast of the Immaculate  
Conception)  
September 12- Most Holy Name of  
Mary  
September 15- Our Lady of  
Sorrows

## *What are the 30 days of Mary?*

The 30 days begins with the Solemnity of  
the Assumption of Mary on August 15 and  
ends with the feast of Our Lady of Sorrows  
on September 15. It makes sense to  
celebrate because there are more Marian  
feast days during this period than any other  
time in the liturgical calendar. On top of all  
the Marian feast days, the month of August  
is dedicated to the Immaculate Heart of  
Mary, and September is dedicated to Our  
Lady of Sorrows, so let us recognize and  
celebrate Our Blessed Mother in a  
special way.

This season isn't on the official liturgical  
calendar, but rather, remembered through  
seasons, culture, and traditions of Catholics  
throughout the Middle Ages. This period is  
also known as Frauendreissiger in  
Germany, or Our Lady's Herb Day in parts  
of Europe.

Traditions during this time of year include  
collecting herbs, medicinal plants, fruits,  
flowers and the grapes for wine and then  
having them blessed by a priest. During  
the Middle Ages it was believed that plants  
collected during the 30 days of Mary would  
have extra healing powers. Also, displaying  
images such as the one depicted above  
showing Mary with wheat, grains, fruits,  
flowers, and herbs is popular.

**Our Lady of the Grains**  
*pray for us!*

## *Nazareth Home's 'Charm of Finches'*

### Finch Growth Stages

**Incubation:** Eggs will hatch  
about 2 weeks after they are  
laid.

**Hatchling:** A hatchling is a  
newly born finch with closed  
eyes and very little down. Their  
eyes will open in 6 days old.

**Fully Feathered:** Around 12  
days.

**Nestling:** A young finch that  
stays inside the nest and relies  
completely on its parents for  
food. They stay in the nest for  
about 18-21 days.

**Fledgling:** A young finch that  
has grown feathers and is  
learning to fly outside the nest.  
They are still reliant on their  
parents. This usually lasts for  
two or three weeks once they  
leave the security of the nest.

**Chick:** A young bird until they  
reach 3 months old when they  
are fully independent.



*"Faith is the light that guides you  
through the darkness."* *Archbishop Fulton Sheen*

On Thursday, September 24<sup>th</sup> Archbishop Fulton Sheen will be beatified in  
St. Louis! The miracle attributed to his beatification involved the  
resuscitation of a baby after 61 minutes after being stillborn with no  
heartbeat or pulse. Just as the emergency room doctors were about to  
pronounce him dead, the baby began to breathe and his heart started to beat  
normally. Despite dire prognoses for his future, the child, named after  
Fulton, has thrived and is now a normal, happy and healthy 15-year-old.  
Doctors and nurses say "He shouldn't be like this. It's amazing. ... It's  
astounding and really, really wonderful ... I'd say a miracle." His mother  
wrote a book about the experience titled "61 Minutes to a Miracle." The  
family continues to live in the diocese Archbishop was born, Peoria, Illinois.

*"Love is not an emotion; it is an act of the will."*



THURSDAY  
**September 24, 2026**  
ST. LOUIS, MO

### What the sainthood process is?

The process of beatification and canonization  
in the Catholic Church is a lengthy and rigid  
procedure of documenting and examining the life,  
virtues and the writings of a holy man or woman.  
It begins at the level of the diocese where the  
candidate lived. At this stage, he/she is called the **Servant of God**. With the diocesan  
process over, the matter passes on to the Congregation for the Causes of the Saints in the  
Vatican, for further examination. When the heroic virtues of a person is recognized, he/she  
is called Venerable Servant of God, or simply **Venerable**.  
After this stage, a miracle through the intercession of the person is required to clear him/her  
for beatification.  
A **beatification** ceremony is held where the person is declared a Blessed. Another such  
miracle is required after beatification to clear the person for **canonization**, declaring him/her  
a saint.

**Holy men & women, Pray for us!**

Do you know someone who is suffering from  
an illness, loneliness, anxiety or going  
through a hard time?

Our Lady of Nazareth hears your prayers  
and gives them to her Son, our Lord.

Place your prayer requests in the

**Book of Prayer**

located in the Chapel and Balcony.  
Prayer requests are offered in our  
daily Mass.



### **Pope Leo's Prayer Intention for September**

For evangelization in the city. Let  
us pray that in large cities often  
marked by anonymity and  
loneliness we find new ways to  
proclaim the Gospel, discovering  
creative paths to build community.



### *Franciscan Jubilee Year*

**January 10, 2026  
to January 10, 2027**

Throughout the Franciscan Jubilee  
year you are encouraged to pray for  
peace, solidarity, the poor and  
for creation.

You are invited to venerate the statue  
of St. Francis of Assisi that is located  
by the doors of the Chapel.  
Next to the statue is a basket for you  
to place your heartfelt prayers and  
ask for his intercession.

The prayers are raised up each week  
at Mass.

**St. Francis of Assisi,  
pray for us!**