

Gardenside

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast -8 am Lunch - 12 p.m. Dinner -5 p.m.	<i>*All activities are subject to change*</i>	Social Hour Daily at 10 a.m. & 1 p.m.	BrainTeasers Wednesdays & Thursdays at 9:15 a.m.	Beauty Shop Thursdays 1-4 p.m.	¹ 11:00 a.m.- Mass 2:30 p.m.- Concert 3:30 p.m.- Exercise	² 10:00 a.m.- Social Hour 2:00 p.m.- Talent Show 3:30 p.m.- Exercise
³ 11:00 a.m. - Mass 2:00 p.m.- Movie 3:30 p.m.- Exercise	⁴ 11:00 a.m., - Mass 2:00 p.m.- Music Monday 3:30 p.m.- Exercise	⁵ 11:00 a.m. - Mass 2:00 p.m.- Music/Movie 3:30 p.m.- Exercise	⁶ 9:45 a.m.- Exercise 11:00 a.m. - Mass 1:30 p.m.- Crafts	⁷ 9:45 a.m.- Exercise 11:00 a.m. - Mass 1:30 p.m.- Hair & Nails	⁸ 11:00 a.m. - Mass 2:30 p.m.- Concert 3:30 p.m.- Exercise	⁹ 10:00 a.m. -Social Hour 2:00 p.m.- Talent Show 3:30 p.m.- Exercise
¹⁰ 11:00 a.m. - Mass 2:00 p.m.- Movie 3:30 p.m.- Exercise	¹¹ 11:00 a.m. - Mass 2:00 p.m.- Music Monday 3:30 p.m.- Exercise	¹² 11:00 a.m. - Mass 2:00 p.m.- Music/Movie 3:30 p.m.- Exercise	¹³ 9:45 a.m.- Exercise 11:00 a.m. - Mass 1:30 p.m.- Crafts	¹⁴ 9:45 a.m.- Exercise 11:00 a.m. - Mass 1:30 p.m.- Hair & Nails	¹⁵ 11:00 a.m. - Mass 2:30 p.m.- Concert 3:30 p.m.- Exercise	¹⁶ 10:00 a.m.-Social Hour 2:00 p.m.- Talent Show 3:30 p.m.- Exercise
¹⁷ 11:00 a.m. - Mass 2:00 p.m.- Movie 3:30 p.m.- Exercise	¹⁸ 11:00 a.m. - Mass 2:00 p.m.- Music Monday 3:30 p.m.- Exercise	¹⁹ 11:00 a.m. - Mass 2:00 p.m.- Music/Movie 3:30 p.m.- Exercise	²⁰ 9:45 a.m.- Exercise 11:00 a.m. - Mass 1:30 p.m.- Crafts	²¹ 9:45 a.m.- Exercise 11:00 a.m. - Mass 1:30 p.m.- Hair & Nails	²² 11:00 a.m. - Mass 2:00 p.m.- Fun Friday 3:30 p.m.- Exercise	²³ 10:00 a.m.- Social Hour 2:00 p.m.- Talent Show 3:30 p.m.- Exercise
²⁴ 11:00 a.m. - Mass 2:00 p.m.- Tea Party 3:30 p.m.- Exercise	²⁵ 11:00 a.m. - Mass 2:00 p.m.- Music Monday 3:30 p.m.- Exercise	²⁶ 11:00 a.m. - Mass 2:00 p.m.- Music/Movie 3:30 p.m.- Exercise	²⁷ 9:45 a.m.- Exercise 11:00 a.m. - Mass 1:30 p.m.- Crafts	²⁸ 9:45 a.m.- Exercise 11:00 a.m. - Mass 1:30 p.m.- Hair & Nails	²⁹ 11:00 a.m. - Mass 2:30 p.m.- Drum Roll 3:30 p.m.- Exercise	³⁰ 10:00 a.m.-Social Hour 2:00 p.m.- Talent Show 3:30 p.m.- Exercise