

# January

## GARDENSIDE

## 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	2 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	3 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	4 9:45 a.m.-Exercise 10:15 a.m.-Rosary 1:30 p.m.-Crafts	5 9:45 a.m.-Exercise 10:15 a.m.-Rosary 1:30 p.m.-Hair & Nails	6 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	7 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise
8 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	9 11 a.m.-Mass 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	10 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	11 9:45 a.m.-Exercise 10:15 a.m.-Rosary 1:30 p.m.-Crafts	12 9:45 a.m.-Exercise 10:15 a.m.-Rosary 1:30 p.m.-Hair & Nails	13 1 p.m.-Social Hour 2:30 p.m.-Video Concert 3:30 p.m.-Exercise	14 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise
15 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	16 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	17 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	18 9:45 a.m.-Exercise 10:15 a.m.-Rosary 1:30 p.m.-Crafts	19 9:45 a.m.-Exercise 10:15 a.m.-Rosary 1:30 p.m.-Hair & Nails	20 1 p.m.-Social Hour 2:30 p.m.-Concert 3:30 p.m.-Exercise	21 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise
22 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	23 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	24 1 p.m.-Social Hour 2:30 p.m.-Concert 3:30 p.m.-Exercise	25 9:45 a.m.-Exercise 10:15 a.m.-Rosary 1:30 p.m.-Crafts	26 9:45 a.m.-Exercise 10:15 a.m.-Rosary 1:30 p.m.-Hair & Nails	27 1 p.m.-Social Hour 2:30 p.m.-Video Concert 3:30 p.m.-Exercise	28 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise
29 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	30 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise	31 1 p.m.-Social Hour 2:00 p.m.-Games/Music 3:30 p.m.-Exercise				<b>Wednesday -January 4 Anointing of the Sick &amp; Rosary 2 p.m.</b>
<b>Mass -Sunday thru Friday at 11 a.m.</b>	<b>Social Hour-daily 9 a.m. &amp; 1 p.m.</b>	All Concerts will be in the Chapel.	Brain Teasers on Wednesday & Thursdays at 9:15 a.m.	<b>Beauty Shop on Thursdays 1-4 p.m.</b>	<b>Breakfast- 8 a.m. Lunch- 12 p.m. Dinner- 5 p.m.</b>	<b>Wed. -Jan. 11 at 2 p.m. Mother Catherine presentation</b>